

## Generalized lipodystrophy (GL) symptom checklist

GL is a rare disease in which people have little to no fat tissue all over the body. This means they also have little to no leptin, a hormone that helps the body function properly. Without fat tissue and leptin, people with GL can experience a range of signs, symptoms, and complications. GL is rare, and can be different in every person affected by it. This is why it can be difficult to diagnose.

Review the signs and symptoms below and check off any that you have experienced. Review your completed checklist with your doctor to help him or her understand your symptoms and see if they could be related to GL.

What you have noticed	When you first noticed it
<input type="checkbox"/> Looking muscular or unusually lean	
<input type="checkbox"/> Being hungry all the time, even after eating	
<input type="checkbox"/> A round belly	
<input type="checkbox"/> Enlarged hands, feet, or jaw	
<input type="checkbox"/> Enlarged or visible veins	
<input type="checkbox"/> Dark, velvety patches of skin	
<input type="checkbox"/> A sudden breakout of bumps on the hands, feet, arms, legs, and buttocks	

What your doctor can test for	What results can indicate for people with GL
High triglycerides	High triglycerides may increase the risk of pancreatitis and heart disease.
High blood sugar	High blood sugar may indicate diabetes.

**If your doctor would like to learn more about GL, and request a visit from a Rare Disease Manager, please have them visit [GLinformation.com](http://GLinformation.com).**